

OUR PRODUCTS

Susanne Kaufmann

Susanne Kaufmann organic treats, a pure natural, active cosmetic made according to strict ecological principles. The proportion of active plant extracts from wild collection and organic farming is particularly high in all Susanne Kaufmann products.

Cellcosmet

Based in Le Mont-sur-Lausanne, Switzerland, on the shores of Lake Geneva, the teams at Cellap Laboratoire apply the latest findings in cosmetic science to their work. Cellcosmet and Cellmen's phyto and cellular products contain cutting-edge, highly technical formulations that are used for their cosmetic purposes. This unique alliance between the world of beauty and science is what lies behind the "The Science of Cosmetics" slogan that accompanies our entire range of beauty lines.

Jessica Nails

Natural Nail Care has never looked so good!

Known as the "First Lady of Nails," Jessica Vartoughian founded Jessica Nail Clinic in 1969. Being the first nail salon of its kind then and now, Jessica Nail Clinic remains the foremost center of natural nail care with its unique manicure technique and exceptional treatments created by JESSICA.

Face Treatment according to Susanne Kaufmann

This skin care line makes use of the power of the alpine flora and is a regional treasure of the Bregenzerwald.

Facial Basic **50 min** **€ 140**

A basic treatment tailored to the skin's needs, which cleanses the skin with a mild peeling, deep cleansing using effective products. This treatment leaves the skin feeling fresh and clear.

Facial individual **80 min** **€ 185**

A highly efficient facial treatment especially designed for your individual skin condition, consisting of a mild peeling, deep cleansing, nourishing mask, pampering massage and deep-acting products. The skin's condition is improved, the cells are filled with new energy and a wonderfully harmonious feeling remains.

Facial Anti-Aging **50 min** **€ 148**

80 min **€ 195**

The Anti Aging treatments are the perfect combination to successfully combat the signs of time such as the slowing of the metabolism, the scarcity of the collagen fibres, the lack of moisture, the regression of the natural synthesis of the skin lipids hyperpigmentation and the resulting wrinkles.

Just for Men **50 min** **€ 160**

Basic specifically for the man

Consultation, cleansing, peeling and serum, or a facial skin mask

Cellcosmet treatments

Swiss Relaxing Anti-Stress **50 min** **150 €**
A relaxing and soothing spa treatment. Removes the indications of fatigue and stress and gives the skin intensive moisture and tonicity

Swiss Deluxe Pro Collagen **90 min** **219 €**
This exceptional anti-ageing and restructuring treatment for the face and neck reshapes the lines of the face and instantly smooths the skin.

Swiss Deluxe Pro Collagen Eye Contour **45 min** **90 €**
This exceptional anti-ageing treatment for the eye contour area reduces wrinkles, reduces deep expression lines, instantly reduces puffiness, and brightens dark circles. Your eyes are luminous and refreshed.

Swiss Relaxing Anti-Stress &
Swiss Deluxe Eye Contour **80 min** **210 €**

BEAUTY TREATMENTS

[Beauty for the Face, Hands and Feet]

Hands and Feet

Manicure Classic Manicure with Hand Massage	50 min	€ 85
Manicure for Pleasure Seekers Manicure – Exfoliate – Mask – Massage – Nail Vanish	80 min	€ 110
Pedicure Classic Pedicure with Foot Massage	50 min	€ 85
Pedicure for Pleasure Seekers Pedicure – Scrub – Mask – Massage – Nail Vanish	80 min	€ 110
Nail Varnish You can take your favourite colours home with you	20 min	€ 20

Addition to Facial Treatment

Eyebrow shaping	€ 25
Eyebrow tinting	€ 25
Eyelash tinting	€ 25
Eyebrow shaping, Eyebrow and Eyelash tinting	€ 55

Waxing

For Woman

Waxing Upper Lip		€ 25
Waxing Chin		€ 25
Legs to Knee	25 min.	€ 50
Whole Leg	40 min.	€ 85
Bikini Area	20 min.	€ 40
Underarms	15 min.	€ 40

Waxing

For Men

Back	30 min.	€ 85
Chest	20 min.	€ 85
Arms	20-25 min.	€ 50
Lower Arm (to elbow bone)	20 min.	€ 40

Classic Massage

Relax with a half or full body massage with oils from Susanne Kaufmann

Red Massage Partial **25 min** **€ 74**

Good for tension in the back and neck and for overtired
Legs and Arms

Red Massage Full Body **50 min** **€ 140**

To improve the blood circulation in the body and remove
toxins. The therapeutic techniques relieve tension

Red Massage Full Body plus **80 min** **€ 210**

Let us spoil you from head to toe. After this full body massage,
the body is relaxed and free from tension

Sports Massage

Highly recommended after a strenuous day skiing or hiking or to prepare individual areas of your body for future exercise.

By using therapeutic techniques for tired or overstressed muscles. The muscles are made fit for the days skiing or hiking

Red Sports Partial Massage 25 min € 74

Red Sports Full Body Massage 50 min € 140

Red Vital Combination 50 min € 140

This combination of a back and a reflexology massage starts with the feet and stimulates the whole body. This massage release tension at back and neck

Head Neck and Shoulder Massage 25 min € 74

Head Neck Shoulder and Back 50 min € 140

This massage is especially recommended for very severe tension in the shoulder and neck area as well as headache and migraine

Relaxing Massage

Red Relax 25	25 min	€ 80
Red Relax 50	50 min	€ 150
Red Relax 80	80 min	€ 220

Relax with a half or full body massage with oils from Susanne Kaufmann

Therapeutic treatments

Reflexology **50 min** **€ 160**

This treats whole body by massaging the reflex areas of the feet to target areas of concern

Lymphatic drainage

Gentle stimulation of the lymph flow, eliminating waste products from your body

Red Lymph 25´ **25 min** **€ 80**

Red Lymph 50´ **50 min** **€ 150**

Red Lymph 80´ **80 min** **€ 220**

Individual for Face, Neck, Arm, Leg or Belly

INFORMATION

Reservation

Please make all appointments as far in advance as possible. Unfortunately, short notice bookings upon arrival can only be accepted in very limited circumstances. For advice, please call tel. +43 (0) 5583 3435-646. We would be pleased to compile a program tailored to your individual needs. Please inform us if you do not wish to be treated by a male therapist.

Delays

Please arrive at the spa few minutes ahead of your appointment. If you arrive late, we regret it will not be possible to extend the treatments beyond the agreed time. In this case, the treatment will unfortunately have to be shortened accordingly and finish at the schedule time.

Cancellation terms

If you are unable to attend an appointment, please cancel it at least 24 hours in advance. Please note that same-day cancellations of appointments will be charged at 100% of the treatment price.

Opening hours

Pool	12H00 – 20H00
Beauty & Massage	09H00 – 12H00 & 14H00 – 20H00
Sauna	12H00 – 20H00

Spa etiquette

For the sake of other guests, please turn off your mobile telephone. While in the spa and speak quietly and discretely with other guests.

Privacy

You will enjoy most of the body treatments unclothed. You can change in private, without being disturbed. Please also remove your jewelry. During the treatment, all parts of the body that are not included in the treatment will be covered with towels. Ladies decide for themselves whether the chest area should be included in whole body treatments.

Health

Please tell us at the beginning of your visit to the spa about any current medical conditions, such as high blood pressure, heart ailments, metabolic disorders and allergies, whether you are pregnant or have recently undergone an operation.