

OUR PRODUCTS

Susanne Kaufmann

Susanne Kaufmann organic treats, a pure natural, active cosmetic made according to strict ecological principles. The proportion of active plant extracts from wild collection and organic farming is particularly high in all Susanne Kaufmann products.

Redken

Beginning in 1960, Redken revolutionized the professional salon business by introducing the concept of protein reconditioning. Based on evidence that hair is composed primarily of proteins, and can absorb topically applied proteins, Redken developed new protein based products. Salons were suddenly able to condition hair internally and for the long-term rather than solely camouflage damage.

Jessica Nails

Natural Nail Care has never looked so good!
Known as the “First Lady of Nails,” Jessica Vartoughian founded Jessica Nail Clinic in 1969. Being the first nail salon of its kind then and now, Jessica Nail Clinic remains the foremost center of natural nail care with its unique manicure technique and exceptional treatments created by JESSICA.

Face Treatment according to Susanne Kaufmann

This skin care line makes use of the power of the alpine flora and is a regional treasure of the Bregenzerwald.

Facial Basic **50 min € 88**
A basic treatment tailored to the skin's needs, which cleanses the skin with a mild peeling, deep cleansing using effective products. This treatment leaves the skin feeling fresh and clear.

Facial individual **80 min € 120**
A highly efficient facial treatment especially designed for your individual skin condition, consisting of a mild peeling, deep cleansing, nourishing mask, pampering massage and deep-acting products. The skin condition is improved, the cells are filled with new energy and a wonderfully harmonious feeling remains.

Facial Anti-Aging **80 min € 161**
Careful cleansing of the face, neck and décolleté - Enzyme peeling for gentle removal of dead skin cells - Deep cleansing - Incorporation of an antioxidative power agent with a special fascia cure massage – Subsequently, ultrasonic treatment for the introduction of the active ingredients followed by a highly concentrated lifting mask for an immediate tightening effect! Moisturising with the anti-Aging line A

Moment **30 min € 58**
Anti-Aging-Eye Treatment

Just for Men **50 min € 88**
Basic specifically for the man
Consultation, cleansing, peeling and serum, or a facial skin mask

Body Treatment according to Susanne Kaufmann

Body Peeling and Skin Treatment **25 min** **€ 31**

Luxurious body peeling with herbal active ingredients. It improves the absorption capacity by the skin of effective care products, applied afterwards.

Cream Pack with Night Candle Oil **40 min** **€ 49**

Moisturizing and nourishing, helpful for neurodermatitis, psoriasis, inflammatory skin and allergies.

Lavender Pack **40 min** **€ 49**

Calming and balancing for the nerves, helpful for exhaustion, sleep disorders, nervous stomach and intestinal disorders.

Sport Pack with Rosemary **40 min** **€ 49**

Gives new vitality to joints and muscles. The active ingredients of the pack relieve stress, releases tension and stimulates blood circulation.

BEAUTY TREATMENTS

[Beauty for the Face, Hand and Feet]

Hands and Feet

Manicure Classic Manicure with Hand Massage	50 min	€ 68
Manicure for Pleasure Seekers Manicure – Exfoliate – Mask – Massage – Nail Vanish	80 min	€ 82
Pedicure Classic Pedicure with Foot Massage	50 min	€ 69
Pedicure for Pleasure Seekers Pedicure – Exfoliate – Mask – Massage – Nail Vanish	80 min	€ 85
Nail Varnish You can take your favourite colours home with you	20 min	€ 20
French Lack	25 min	€ 18
Professional Geleration For a better and longer result for the Geleration we recommend before a Manicure	30 min	€ 40
Remove Geleration	20 min	€ 30
French Lack Geleration	45 min	€ 50
Renew Geleration Remove and reapply	75 min	€ 65

Addition to Facial Treatment

Eyebrow shaping		€ 17
Eyebrow tinting		€ 12
Eyelash tinting		€ 14
Eyebrow shaping, Eyebrow and Eyelash tinting		€ 36
Waxing Upper Lip		€ 14
Waxing Chin		€ 14
Day-Make-up	30-40min.	€ 50
Evening-Make-up	30-40min.	€ 50

Waxing

For Woman

Legs to Knee	25 min.	€ 33
Whole Leg	40 min.	€ 52
Bikini Area	20 min.	€ 28
Underarms	15 min.	€ 20

Waxing

For Men

Back	30 min.	€ 38
Chest	20 min.	€ 38
Arms	20-25 min.	€ 42
Lower Arm (to elbow bone)	20 min.	€ 38

Teenager Treatments

up to 14 years

Facial for Teenager

50min € 65

Concerted Facial according to the type of skin with products of Susanne Kaufmann. Cleansing, Peeling, deep cleansing or massage.

Hand Care for Teenager

20min € 35

Trim and File Nails, Hand Massage, Nail Vanish

Pedicure for Teenager

40min € 45

Foot Bath, File Nails, Foot Massage and Nail Vanish

Classic Massage

Red Partial Massage	25 min	€ 52
Good for tension in the back and neck and for overtired Legs and Arms		
Red Full Body Massage	50 min	€ 92
To improve the blood circulation in the body and remove toxins. The therapeutic techniques tension relieve.		
Red Full Body Massage plus	80 min	€ 125
Let us spoil you from top to toe. After this full body massage, the body is relaxed, free and from tension.		

Red Kids Massage

Kids Red Massage	20 min	€ 45
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Sports Massage

Highly recommended after a strenuous day skiing or hiking or to prepare individual areas of your body for the coming exercise. By using therapeutic techniques, stretching and the use of a special oils and skin tonic, tired or overstressed muscles are made fit for the days skiing or hiking.

Red Sports Partial Massage 25 min € 55
-Back, Leg- or Arm Massage

Red Sports Full Body Massage 50 min € 95
-Back, Leg and Arm Massage

Red Sports Full Body Massage plus 80 min € 130
-Back, Legs, Arms, Buttocks, Stomach and Chest Massage

Red Vital Combination 50 min € 90
This combination of a back and a reflexology massage starts with the feet and stimulates the whole body. This massage release tension at back and neck.

Classic Red Personalized Massage 25 min € 55
50 min € 95

Our gifted therapist will create a tailor made massage according to your needs and requirements using a variety of specialized techniques.

Head Neck and Shoulder Massage 25 min € 55

Head Neck Shoulder and Back 50 min € 95
This massage is an especially recommended for very severe tension in the shoulder and neck area as well as headache and migraine.

Red-Relax Massage

Aromatherapy Massage **50 min** € 90

A relaxing full-body massage with aromatic oil from Susanne Kaufmann.

Red Relax 25 **25 min** € 55

Red Relax 50 **50 min** € 90

Red Relax 80 **80 min** € 125

Relax with a part or full body massage with oils from Clarins. After this massage, your body will be free from tension and your skin will glow.

Lomi Lomi Nui **80 min** € 130

Rhythmic massage techniques which take in the whole body make this massage irresistible, while gentle stretching techniques and passive movements round off the massage experience.

Treatment for pregnant women

Shoulder, Neck, Head-Massage **25 min** € 55

Part Body Massage (seat/lateral-position) **25 min** € 55
(From the 12th week)

Lymphatic drainage

Face **25 min** € 55

Legs and Arms **50 min** € 90

Therapeutic treatments

Chinese Reflexology	50 min	€ 90
This treats whole body by massaging the reflex areas of the feet to target areas of concern.		
Lymphatic drainage		
Gentle stimulation of the lymph flow, eliminating waste products from your body.		
Red Lymph 25´	25 min	€ 50
Red Lymph 50´	50 min	€ 90
Red Lymph 80´	80 min	€ 130
Individual for Face, Neck, Arm, Leg or Belly		
Breuss Massage	25 min	€ 55
This gentle, energetic massage relieves the tension in your spine, especially the discs. The St. John's Wort oil used soothes the nerves		
Dorn-Breuss-Treatment	50 min	€ 99
A combination of two complementary applications. With the Dorn method, the therapist requires your cooperation to restore your body's equilibrium. This massage brings shifted vertebrae back into the correct position		
Colon massage	25 min	€ 45
This type of massage is particularly helpful for digestive disorders and to relieve tension in the stomach and the intestine.		

Clear Head

40 min

€ 68

The ear candle treatment coined from the Hopi-Indian of America. It is simple, manifold and effective. Perfect for Head/Earache and disturbance of equilibrium.

Kineso Taping

First Treatment	20 min	€ 40
Refreshing	10 min	€ 15

The tapes are applied to the affected areas, where they boost the body's own healing process. Used for injured Joints, on swellings, for inflammation and on scars.

- Sport injury
- Bruising
- Overstressed
- Muscle strain
- Pain
- Lymph therapy
- Swelling
- Prevention of injury
- Headache

INFORMATION

Reservation

Please make all appointments as far in advance as possible. Unfortunately, short notice bookings upon arrival can only be accepted in very limited circumstances. For advice, please call tel. +43 (0) 5583 3435-646. We would be pleased to compile a program tailored to your individual needs. Please inform us if you do not wish to be treated by a male therapist.

Delays

Please arrive at the spa few minutes ahead of your appointment. If you arrive late, we regret it will not be possible to extend the treatments beyond the agreed time. In this case, the treatment will unfortunately have to be shortened accordingly and finish at the schedule time.

Cancellation terms

If you are unable to attend an appointment, please cancel it at least 24 hours in advance. Please note that same-day cancellations of appointments will be charged at 100% of the treatment price.

Spa etiquette

For the sake of other guests, please turn off your mobile telephone. While in the spa and speak quietly and discretely with other guests.

Privacy

You will enjoy most of the body treatments unclothed. You can change in private, without being disturbed. Please also remove your jewelry. During the treatment, all parts of the body that are not included in the treatment will be covered with towels. Ladies decide for themselves whether the chest area should be included in whole body treatments.

Health

Please tell us at the beginning of your visit to the spa about any current medical conditions, such as high blood pressure, heart ailments, metabolic disorders and allergies, whether you are pregnant or have recently undergone an operation.

Red beauty 10 a.m. - 12 p.m. and 2 p.m. – 8 p.m.

Red spa 2 - 8 p.m.
if the weather is nice
12 p.m. - 8 p.m.

if the weather is bad

Red gym 8 a.m. - 8 p.m.

Summer

Indoor swimming pool 8 a.m. - 8 p.m.

Outdoor pool 8 a.m. - 8 p.m.

(no children between 6.30 and 8 p.m.)

Winter

Indoor swimming pool 8 a.m. – 8p.m.

Outdoor pool 12 p.m. – 8 p.m.

(no children between 6.30 and 8 p.m.)

For reservations and information, please contact:

Reception Tel.8

Red beauty Tel. 646